Mental Contamination Report

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Now that you have imagined yourself in that scenario, please answer the following questions about how you feel at this moment:

1. On a scale from 0 to 100, where 0 represents “not at all” and 100 represents “completely”, please rate the extent to which you feel:

   Distressed_________  Anxious_________  Angry_________

Disgusted--by the man’s physical attributes_________

Disgusted--by the man’s behaviour, the manner in which he came to kiss you_________

   Ashamed_________  Guilty_________  Humiliated_________

   Afraid_________  Sad_________  Cheap_________

Sleazy_________

2. Do you feel dirty or unclean? Please rate the extent to which you feel dirty/unclean on a scale from 0 to 100.

   Rating: ___________

3. If you feel dirty, can you locate this feeling of dirtiness? -- Please check (✓) where you feel dirty:

   [ ] Mouth  [ ] Arms
   [ ] Tongue  [ ] Diffuse (all over)
   [ ] Face  [ ] Difficult to locate
   [ ] Hands  [ ] Internal
   [ ] Stomach  [ ] Other ___________________________

4. If you feel dirty, do you have an urge to do anything about this feeling of dirtiness? Please rate each urge on a scale from 0 to 100.

   Rinse mouth/spit/drink something ___________  Wash my face ___________
   Brush teeth/use mouthwash ___________  Wash my hands ___________
   Try to think about something else ___________  Take a shower ___________
   Other (please specify) ___________________________
5. For the urges you endorsed in question 4, think about why you want to do this. Check (√) off the statement(s) that most apply to you:

[ ] I am worried that, when I leave this room, other people will be able to tell that I feel dirty.

[ ] It would make me feel less distressed or anxious.

[ ] I am worried about spreading this dirtiness to other things or people.

[ ] It would prevent me from getting sick.

[ ] It would make me stop thinking about it.

[ ] I cannot think of a reason.

[ ] I have another reason (please specify) __________________________________

6. How easy was it to imagine the scenario in your mind?
   (0-100)________

7. How clear/vivid was the imagined scenario?
   (0-100)________

8. How realistic was the imagined scenario?
   (0-100)________

9. Have you ever been to a party like the one described in the tape? (Circle one)
   Never       Rarely      Sometimes      Often

10. Have you ever experienced a non-consensual (i.e., forced) sexual encounter, such as a kiss?
    Yes       No
    If so, did it occur at a party? Yes   No

11. Has a friend of yours ever experienced a non-consensual (i.e., forced) sexual encounter?
    Yes       No
    If so, did it occur at a party? Yes   No

12. Have you ever witnessed a non-consensual (i.e., forced) sexual encounter, such as a kiss?
    Yes       No
    If so, did it occur at a party? Yes   No
On a scale from 0 to 100, where 0 represents “not at all” and 100 represents “completely”, please answer the following questions:

13. Based on your impression of the man in the scenario before you experience the kiss, how physically dirty would you say the man is?
   
   (0-100)________

14. Based on your impression of the man in the scenario after you experience the kiss, how physically dirty would you say the man is?
   
   (0-100)________

15. At the moment that you experience the kiss in the recording, how much would you say that you wanted the kiss to happen?
   
   (0-100)________

16. Do you think you did anything wrong in this situation? (0-100)________

   Why or why not?
   ________________________________________________________________
   ________________________________________________________________
   ________________________________________________________________

17. Do you think the man in the scenario did anything wrong in this situation? (0-100)___

   Why or why not?
   ________________________________________________________________
   ________________________________________________________________
   ________________________________________________________________

18. How responsible do you feel for the events that occurred in this situation?
   
   (0-100)________

19. Do you think you could have prevented this situation?
   
   (0-100)________

20. Would you expect this type of behaviour from this man?
   
   (0-100)________

21. Do you feel violated by this man’s behaviour?
   
   (0-100)________